

March 31, 2007

Quad City Labyrinth Project Seeks Volunteers

The Quad City Labyrinth Project is seeking talented volunteers to fill leadership and key board positions. Board members needed include: president, vice president, and secretary. The positions last two years beginning July 1, but interested parties could start immediately, if desired. Board positions require less than six hours per month.

Leadership positions available include: director of development, director of outreach and office manager. These positions require approximately 15 hours per month.

Quad-City Labyrinth Project is a 501(c)3 non-profit organization whose mission is to educate the public about the benefits of using labyrinths for physical, mental, emotional and spiritual well-being for people of all walks of life and all paths of faith.

Walking a labyrinth – or tracing a finger labyrinth – stimulates the relaxation response in the human brain and promotes stress reduction and inner tranquility, as well as triggering creativity and problem-solving skills. Quad-City Labyrinth Project is the premier provider of labyrinth-related information, products, and services in the Quad-City metro region. QCLP offers a variety of educational programs and services that teach others how to use the labyrinth to support self-care, solve problems, resolve conflict, promote health, improve productivity, and build community.

To learn more, or to become a volunteer, call Pat at (563) 323-1737, or send an email to qclabyrinth@aol.com. Visit the Quad City Labyrinth Project's Web site at www.qclabyrinth.org to learn all about the organization's mission, events, people and plans.